



Thai Dietetic Association (TDA)

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We will send you our product with shipping and handling fee within sixty days of receiving your purchase order and copy of your bank transaction to us at
Fax number :662-9397782
Email: thaidietetics@gmail.com

Payment can be made to

Bank Account: Thai Dietetic Association
Account number: Saving account # 404-481-9910
Bank Name: Siam Commercial Bank PCL
Bank Branch: Avenue Ratchayothin
234/2 Ratchadaphisek Rd.
Chatujuk Bangkok 10900
Bank Country: Thailand
Bank SWIFT code: SICOTHBK

TDA hopes that you will be interested in using our food model as a teaching tool for your patients, students and the general public to better understanding the food exchange list and the healthy menu planning. On behalf of TDA, I would like to thank you for your consideration and hope to hear from you soon.

Yours truly

(Asst. Prof. Chanida Pachotikarn, Ph.D.CDT)

The President of Thai Dietetic Association

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FOODMODEL

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Title: The Food model price lists

Thai Dietetic Association is proud to present the Food model according to food exchange which is made with high quality and refractory resin. The size and color of the models are closed to the natural foods. It is washable and easy to clean. The variety of food models are displayed on plate and sealed with clear plastic.

It comes with a special designed suitcase for easy to carry around.

No.	Size	List	Price <u>[not includeshipping]</u>	
			Unit (Bath)	Total (Bath)
1	Small size (25 pieces)	Food Model (without suitcase)	15,000	15,000
				<u>15,000</u>
2	small size (25 pieces)	Food Model with 1 suitcase	15,000 4,000	15,000 4,000
				<u>19,000</u>
3	medium size (50 pieces)	Food Model(without suitcase)	27,000	27,000
				<u>27,000</u>
4	medium size (50 pieces)	Food Model with 1 suitcase	27,000 5,000	27,000 5,000
				<u>32,000</u>
5	Large size (75 pieces)	Food Model(without suitcase)	39,000	39,000
				<u>39,000</u>
6	Large size (75 pieces)	Food Model with 2 suitcases (1 for 25 pieces and 1 bag for 50 pieces)	39,000 4,000 5,000	39,000
				4,000
				5,000
				<u>48,000</u>

*****The price is not include shipping and handling

List of Food models
The Food model: small size (25 pieces)

List of Food models	Cooked weight [gram]
1. Pork	30 gram
2. Chicken	30 gram
3. Shrimp	5 pieces
4. Mackerel	30 gram
5. Soybean curd, white, soft (3/4 cylinder)	100 gram
6. Whole egg	55 gram
7. Cooked rice	55 gram
8. Bread (1 slice)	25 gram
9. Fermented rice noodles (Kanom-jeen)	90 gram
10. Rice noodles	90 gram
11. Mungbean noodle, soaked (2/3 cup)	43 gram
12. Cabbage	70 gram
13. Kale	70 gram
14. String beans	70 gram
15. Chinese White Cabbage	70 gram
16. Tomato	70 gram
17. Carrot	70 gram
18. Papaya, ripe	115 gram
19. Orange	150 gram
20. Water melon	285 gram
21. Banana, (Nam-wa variety)	1 piece
22. Pineapple	120 gram
23. Vegetable oil (1 teaspoon)	5 gram
24. Coconut milk (1 tablespoon)	15 gram
25. Peanut (3 pods)	10 seeds

List of Food models
The Food model: medium size (50 pieces)

List of Food models	Cooked weight [gram]
26. Squid	30 gram
27. Fish ball (5 pieces)	30 gram
28. Sausage	30 gram
29. 1 glass milk	240 c.c.
30. Sticky rice	35 gram
31. Wheat noodles, cooked	75 gram
32. Brown rice	55 gram
33. Sweet potato, boiled (1/2 cup)	65 gram
34. Mungbean boiled	1/2 cup
35. Dragon fruit	90 gram
36. Rose apple	250 gram
37. Apple	100 gram
38. Durian	40 gram
39. Pomelo (2 pieces)	130 gram
40. Guava	120 gram
41. Mangosteen	4 Mangosteen
42. Chinese swamp cabbage	70 gram
43. Sesbania flower	70 gram
44. Cucumber	70 gram
45. Pumpkin	70 gram
46. Garden peas	70 gram
47. Cauliflower	70 gram
48. Corn young	70 gram
49. Butter (1 teaspoon)	5 gram
50. Salad cream (1 tablespoon)	15 gram

List of Food models
The Food model: large size (75 pieces)

List of Food models	Cooked weight [gram]
51. Ham	30 gram
52. Pork, roasted	30 gram
53. Soybean curd, yellow, hard	½ piece
54. Fish, cooked	30 gram
55. Pork, minced	30 gram
56. Boiled hen egg, white	2 eggs
57. Macaroni, cooked	75 gram
58. Porridge rice (from cooked rice)	55 gram
59. Mungbean sheets, soaked (Shanghai noodle)	43 gram
60. Taro, boiled	65 gram
61. Corn, boiled	½ cob
62. Sago, blanched	70 gram
63. Cracker	50 gram
64. Mango, ripe	80 gram
65. Banana, (Horn variety ½ banana)	50 gram
66. Lang-sat	8-10 fruits
67. Grapes (20 seeds)	100 gram
68. Jackfruit	2 pieces
69. Cabbage	70 gram
70. Ivygourd	70 gram
71. Chilli, Sweet pepper	70 gram
72. Mushroom	70 gram
73. Broccoli	70 gram
74. Bacon	1 piece
75. Cashew nut	3 gram