



International Confederation of Dietetic Associations

Dietetics and Nutrition Around the World

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Global Networking and Learning Event on Sustainable Food Systems in Nutrition and Dietetics Education at University College Dublin, Ireland



In June 2023 the academic team from the MSc in Clinical Nutrition and Dietetics at University College Dublin (UCD), with support from the Irish Nutrition and Dietetic Institute (INDI), hosted a global networking and learning event on sustainable food systems (SFS) in dietetics education. Partnering with international colleagues from Acadia University, Canada and the International Confederation for the Associations of Dietitians (ICDA) SFS Initiative, the event tapped into a growing network of international dietetics educators and leaders focused on progressing SFS education excellence. Educators, researchers, dietetics associations, industry and NGOs came together in person on the 7th-8th June in Dublin. Over 50 delegates from 11 countries participated, including Ireland, the United Kingdom, Germany, Spain, Switzerland, Nigeria, Zambia, Malawi, Australia, USA, and Canada. The UCD Vice President for Sustainability Professor Tasman Crowe, Louise Reynolds from INDI and Event Lead Dr Sarah Browne, UCD opened the event, followed by an international video-link welcome from the President of the ICDA, Giuseppe Russolillo.

The primary aim of the event was to build partnerships for developing excellence in SFS education within nutrition and dietetics programmes internationally. The 2-day programme combined learning sessions to share research and practice with panel and roundtable discussions and networking. Day 1 focused on 'setting the scene' by defining SFS concepts and the presentation of current international research that examines how SFS integrates with dietetics scope of practice, how it is currently conceptualised in dietetics and a review of how it is being taught globally. Examples of teaching practice and excellence were shared by several delegates. The

group enjoyed a tour and event dinner at Airfield Estate, an urban farm using regenerative methods that participates actively in the community and with whom the dietetics programme at UCD collaborate for education and research activities. Day 2 focused on how SFS concepts are captured in training standards, a student panel and protected time for roundtable discussion and debate around 'big questions'. Big questions included the notion of ecologically sustainable diets versus SFS, systems thinking as a foundation, interdisciplinary approaches, and evidence-based practice. The student panel was facilitated by postgraduate student Julia Munoz Martinez representing the European Federation for the Associations of Dietitians (EFAD) and included representatives from UCD, Acadia University and Memorial University of Newfoundland, Canada.

There was a positive and collegial atmosphere throughout the event with excellent participation and contributions from speakers and delegates. It appeared relationship building was successful with feedback indicating collaboration plans among many of those who attended. The importance of nurturing the network, continuing to share research and practice, and coming together again in 2024 to maintain momentum was conveyed in feedback. Plans are in motion to ensure a presence at the International Congress for Nutrition and Dietetics (ICND) 2024 in Toronto and more long-term research goals that will bring us back to Dublin for ICND2028!

In the coming months there are several plans to support continued networking and ensure wide dissemination of the conference outcomes including:

- The ICDA Sustainable Food Systems Toolkit was promoted as an existing, well-managed and free resource to share dietetics SFS activity globally.
- A Global Case Studies platform in Sustainable Food Systems Education in Nutrition and Dietetics was created by Liza Barbour from Monash University, Australia which can be accessed [here](#). All are welcome to join and share pedagogical approaches, resources, and activities related to SFS.
- A plenary lecture on outcomes of the event is planned for the EFAD Congress in Budapest, October 2023.
- A report detailing the learning and outcomes of the event is currently in-draft and will be circulated widely through the network, dietetics associations and on the ICDA SFS Toolkit.
- Those interested in learning more can email sfsnutrition.dietetics@ucd.ie.

The event was supported by several organisations including the UCD Global Office, the INDI, the UCD School of Public Health, Physiotherapy and Sports Science, the UCD Institute of Food and Health, EFAD, the Irish Forum for International Agricultural Development, the ICDA SFS Initiative, NeverEndingFood, Airfield Estate, Acadia University. Speakers gave generously of their time, and we thank their respective organisations for funding their attendance. The organising committee included Sarah Browne (UCD), Clare Corish (UCD), Liesel Carlsson (Acadia University and ICDA SFS Initiative), Stacia Nordin (Never Ending Food and ICDA SFS Initiative), Jennifer Feighan (INDI), Louise Reynolds (INDI), Wineke Remijnse (EFAD), Katarzyna Janiszewska (EFAD), Kirstie McAdoo (Airfield Estate).

Event organiser and lead

Information and Reminders

ICD: International Congress of Dietetics (ICD):

19th International Congress of Nutrition and Dietetics is coming to Canada

Dietitians of Canada is excited to be the host of the 19th International Congress of Nutrition and Dietetics (ICND), taking place in Toronto from June 12-14, 2024. The ICND offers a global platform for dietetics and nutrition, sharing the best of applied science, practice and training experiences. Every four years the ICND hosts the world's largest and most diverse representation of dietetics globally. This will be an incredible opportunity and experience for Canadian dietitians and many others to engage with colleagues from all over the world.

The theme for ICND 2024 is "Rise to the Challenge" and focuses on the key challenges, opportunities and learning needs faced by dietitians in all areas of practice. Dietitians, applied nutrition researchers and academics, practicum and internship coordinators, trainees and students are all welcome and encouraged to be a part of this event. The ICND promises to leave you feeling inspired by diverse perspectives and stimulating, high-quality research.

The ICND offers a global platform for dietetics and nutrition, sharing the best of applied science, practice and training experiences. Every four years the ICND hosts the world's largest and most diverse representation of dietetics across the world. As hosts of ICDN 2024, the Dietitians of Canada and the International Congress of Dietetic Associations welcome you to Toronto, Ontario, Canada, June 12-14, 2024.

Submit an abstract

We now invite you to submit an abstract for consideration. [You can read about the abstract submission guidelines here.](#) The submission deadline is August 15, 2023.

[When you are ready, submit your abstracts here.](#)

Abstract reviewers

You are also invited to join the abstract reviewer team to assist in reviewing and scoring papers and posters. This is an opportunity to shape the program for ICND 2024. Applications will be accepted until July 15. [Learn more about this opportunity here.](#)

Registration and venue

The event will be held at the Westin Harbour Castle in downtown Toronto. Registration and accommodation bookings will open this fall. Make sure you save the date!

[Learn more about ICND 2024 here.](#)

If you have questions about ICND2024, please contact events@dietitians.ca.

National Dietetic Association Reports

News from The Academy of Nutrition and Dietetics (Academy)

REORIENTING GLOBAL EFFORTS TO EFFECTIVELY DELIVER ON NUTRITION OUTCOMES

Our new global reality is often described as unpredictable and complex. Since the beginning of the COVID-19 pandemic, the world continues to face multiple global challenges that have had a significant impact on the nutritional status of people, especially those affected by poverty, conflict, displacement and climate-related disasters. The effects from these concurrent global crises have stressed the vulnerability of many communities and emphasized the need for more evidence-based, resilient and sustainable actions that registered dietitian nutritionists and nutrition and dietetics technician, registered are best positioned to address.

Despite global efforts in ending all forms of malnutrition, world hunger is on the rise. Global estimates of anemia prevalence are alarming, with insufficient progress made to date despite enormous investments to reduce it. Health workforce shortages are rampant and there is an accelerated adoption of digital innovations, including artificial Intelligence and machine learning, to tackle those challenges, with a dire need to effectively harness investment opportunities focusing on catalyzing ChatGPT use as one recent example. Additionally, and while data systems exist, global nutrition data gaps are deterring evidence-informed policy action. Bottom line: Our new global reality is unpredictable and complicated!

As global nutrition and dietetics professionals, we are accountable for the many populations and communities we serve and the voices we bring forth to improve nutrition status locally, regionally and globally. It is time for the global dietetics community to work together to create a mindset shift and support reorienting efforts to effectively improve nutritional outcomes globally. Reorientation is a process that begins with our collaboration and partnership together at multiple levels and across multiple disciplines. The International Confederation of Dietetic Associations (ICDA) offers a unique step towards that. The reorientation process also involves redefining the role of individual associations within ICDA at local and global levels. There is a need to harness existing resources and drive opportunities to advance the skill sets of existing and new nutrition and dietetics workforce to navigate the complex global ecosystem and be better able to withstand the unpredictable nature of life and work events. The Accreditation Council for Education in Nutrition and Dietetics of the Academy has embarked on a critical step to enforce the future education model standards. The interprofessional and collaborative practice opportunities within the Academy have grown exponentially with introductions of new initiatives and products where multiple disciplines are involved; these include food systems and primary health care, to name a few. The Academy supports a global member interest group to complement country-led efforts through its international affiliate and ensure participation in significant global nutrition policy affairs. It has also revved up technology and data innovation through the Nutrition Informatics

dietetic practice group and supported member-led implementation research to address workforce capacity in public health and community nutrition.

Tatyana El-Kour, PhD, MA, MS, RDN, FAND

Academy Representative to ICDA

News from The German Association of Dietitians



The Grant promoted ICDA SFS-Toolkit project from Germany

How to promote the SFS-Toolkit towards German speaking colleagues

The idea for this project had its beginning when recording a webinar in German about the easy to access SFS-Toolkit in 2021. In February 2022 when the ICDA SFS-Toolkit Grants became announced I thought why not proceed with promoting the toolkit as the response off colleagues hasn't been exactly thrilling. The Kick-off happened at the extended Board meeting of the German Association (VDD) attended by all Committee and Network leaders. Promotion also happened via the social media Accounts of the Association on Facebook and LinkedIn and also by a Reel on Instagram to inform the "Youth" of our profession. I submitted articles in the Associations newsletter, in the VDD Business Report 2022 and hosted a digital chat to this subject at the 64th German Congress for Nutrition and Nutritional Therapy in May 2022. The most challenging task of my project was to motivate a colleague to continue my work as Regional Contact Germany for the ICDA SFS-Toolkit. Elina Zwickert took upon this task and became introduced via direct mailing to leader of technical schools for dietitians and Higher Educational Institutes teaching dietetic and nutrition related courses abroad Germany. The mailing included all relevant topics to introduce yourself to the SFS-Toolkit and also how to sign up for the monthly newsletter GROW. And in the annual competition of the 65th German Congress online in 2023 was one of 40 questions: Name the Regional Contact of the ICDA SFS-Toolkit" in order to guide colleagues in search for the answer to the homepage. As the very last activity I've organized a digital meeting with Regional Contacts of Switzerland, Germany and ICDA Delegates of Austria. The outcome of an interesting discussion about the success of this project was to continue with meetings amongst the German speaking colleagues of these three countries and to promote the Toolkit in smaller tutorials and the start will be "How to use the Self Assessment Tool" with support of the VDD Junioren (German entrants as dietitians).

Manuela Thul

Registered Dietitian

Delegate EFAD/ICDA

News from the Pakistan Nutrition and Dietetic Society (PNDS)



Contributors: Ms. Fayza Khan, President, PNDS; Dr. Fazia Ghaffar, University of Peshawer, KPK Chapter Head, PNDS

Pakistan Nutrition and Dietetic Society (PNDS) organized a three-hour intensive activity-based workshop entitled “Behaviour Change Communication & Weight Management Interventions: A Focus on Motivational Interviewing” in two cities;

On 19th February, 2023 in Faisalabad and on 22nd February 2023 Peshawer, a recently launched PNDS KPK chapter. Prof. Basma Ellahi (Chairperson, Faculty of Health and Social Care, University of Chester, UK) moderated the workshop along Ms. Saima Rasheed (Clinical Dietitian, National Medical Center, Karachi) who helped as facilitator of the workshop. The major theme of the workshop was behaviour change, communication skills, and motivational interviewing during the weight management interventions. Nutritionists & dietitians of different hospitals of Peshawar & Mardan participated in the workshop. The workshop involved intensive activity-based practices therefore the participants really enjoyed and learned different motivational techniques & their applications in the clinical set up. Ms. Fayza Khan President PNDS and Dr. Fazia Ghaffar extended their gratitude to Dr. Basma and Ms. Saima Rasheed for their skillful approach & amazing workshop. The participants also thanked Dr. Basma, Ms Saima & PNDS for arranging such a fruitful activity.

PNDS KPK Chapter Session at UOP held on 21st January 2023
Guest Speaker Dr Basma Ellahi, Professor University of Chester UK



Another activity was arranged on 20th February at The Department of Food & Nutrition Sciences of the College of Home Economics through Professional development department of the University. The major objective of this collaboration was to provide a platform for collective action through educated, skilled and trained professionals in the area of Nutrition & Dietetics who will assume consultative and leadership roles in academia, health-related institutions, and corporate sectors. This initiative helped students & professionals working in different hospitals, community health centers and other organizations achieve capacity building, networking and partnership with the government, national and international institutions; public awareness; and advocacy. As a part of capacity building of students and professionals on behalf of Department of Food & Nutrition Sciences & PNDS KP Chapter, Prof. Dr. Basma Ellahi, Chairperson, Faculty of Health and Social Care, University of Chester, UK was invited to deliver a seminar on “Nutrition as an Emerging Profession: The Need for Professional Regulations in Pakistan” to the students of BS, M.Phil & PhD. The chief guest of this international seminar was Prof. Dr. Zahid Anwar, Pro Vice Chancellor & Director of the China Study Center, University of Peshawar. Prof. Dr. Jahangir Khalil, Dr. Fazal Majeed, Director Nutrition, Directorate of Health Khyber Pakhtunkhwa, Prof. Dr. Khalid Iqbal of the Institute of Basic Medical Sciences, Khyber Medical University & Prof. Dr. Arshad Ali, Director Advanced studies & Research Board, UOP were the guests of honour of the event. The event started with the recitation of the Holy Quran. Dr. Fazia Ghaffar who is the PNDS KP incharge introduced Dr. Basma Ellahi. Dr. Basma focused on an insightful understanding and application of evidence-based nutrition knowledge and skills to all aspects of health and that all health care professions need basic training to effectively assess dietary intake and provide appropriate guidance, counseling, and treatment to their patients. Nutrition is an emerging profession and a critical component of acute and chronic disease management, as well as health and wellness across the health care professions. She stressed on reevaluation of nutrition-related professional competencies before the establishment of meaningful interprofessional collaborative nutrition competencies, filling up the gaps in nutrition education and training offered suggestions for educators, clinicians, researchers, and key stakeholders on how to build further capacity within the individual professions for basic and applied nutrition

education and the need for new regulations & policies at the governmental level in Pakistan. Afterwards Ms. Fayza Khan, President Pakistan Nutrition & Dietetics Society gave a brief presentation on “PNDS Journey 2003-2023” highlighting the contribution of PNDS in the different areas of Nutrition & Dietetics including two international conferences. Prof. Dr Zahid Anwar in his speech welcomed Dr Basma Illahi to University of Peshawar and emphasized Professionalism being a vital aspect of health care and multidisciplinary and evidence-based approach towards capacity building, life long learning & continuing professional development. Dr. Fazal Majeed reiterate KPs government commitment to helping population getting out of the vicious cycle of malnutrition & apathy and stressed on capacity building of the aspiring nutritionists & dietitians and stated his full support to the Department of Food & Nutrition Sciences, College of Home Economics, UOP. Dr, Khalid Iqbal emphasized the need for harmonized curriculum in order to fill up the gaps in knowledge and continuing capacity building of the practicing nutritionists.

Seminar on “Public Health Law and Nutrition Outcomes: The Case of Sugar Sweetened Beverages” organized by PNDS on 19th May,2023 in collaboration with Pakistan National Heart Association at local hotel in Karachi. The diet related Non communicable Diseases (NCDs) are skyrocketing in Pakistan. Unhealthy diet and sugary drinks are the major cause of obesity and many fetal diseases like diabetes, ischemic heart diseases and stroke.The PNDS demanded FBR and Ministry of Finance to increase federal excise duty to 50 percent in the 2023-24 finance bill, on all types of sweetened drinks to reduce the diseases burden.

Ms. Fayza Khan, President PNDS addressing a seminar said that favorable government action and policies can create an enabling environment for ensuring access of healthy diet to our population as unhealthy diets is one of the leading risk factors of non-communicable diseases. 41.3 percent of adults being overweight or obese, and 6 out of 10 deaths attributed to NCDs, there is an urgent need for government interventions. She said that fiscal policies like taxing sugary drinks can help cut down the diseases burden and the revenue generated may be allocated to promote the nutrition education.



Mr. Munawar Hussain, Consultant at Global Health Advocacy Incubator (GHA), said that increasing taxes on sugary drinks is an evidence-based policy action to reduce their consumption, obesity and related diseases. While referring

to modelling study by world bank he said “If the FED on all sugary drinks is increased to 50 percent, it would help generate the annual economic value of health impact of \$8.9 million and achieve the health gain of 8,500 Disability Adjusted Life Years (DALYs).” He added “the average annual tax revenue would increase to \$810 million for the next 10 years”. This may enable government to earmark and increase budgetary allocations for public health programs and nutrition education.

Second speaker of the session Dr. Sumaira Nasim, Assistant Professor at the School of Public Health Dow University of Health Sciences, Karachi highlighted the causes of high consumption of SSB in Pakistan and its impact on physical and mental health. She identified that lack of policy actions, children and youth targeted marketing by beverage industry, deceptive labelling and low awareness among public are the major reason for consumption of SSBs. She emphasized involving nutritionist, health professionals, media, teachers and social media influencers to increase public awareness and also mobilizing support for policy actions aimed at reducing consumption of SSBs.



This event was attended by nutritionists, public health specialists and other healthcare professionals. Seminar was followed by a Panel discussion of the Nutrition & Public Health policy experts to combat the challenges to decrease consumption of sugar-sweetened beverages.

Fayza Khan,

President PNDS 2021-2023

News from the Asian Federation of Dietetic Associations (AFDA)

Confronting Asia's Growing Hunger and Obesity

The 8th Asian Congress of Dietetics (ACD2022) was held at Pacifico Yokohama from August 19

(Fri.) to 21 (Sun.), 2022. This was the first time that a real meeting was held, while national and international scientific meetings and other events were conducted online due to the Corona disaster. The ACD is held every four years in member countries of the Asian Federation of Dietetic Associations (AFDA). In addition to Japan, the AFDA consists of Taiwan, Hong Kong, India, Indonesia, Korea, Malaysia, the Philippines, Pakistan, Singapore, Thailand, and Australia. The theme of this year's conference was "Toward a Sustainable Healthy Society for a Bright Asian Future: Addressing Confusing Nutrition Information to Solve Contemporary Issues," and 1,137 dietitians and nutritionists from 17 countries gathered for 23 lectures, symposia, workshops, and 272 poster presentations.

At the opening ceremony, AFDA President Gordon Cheung called for "friendship among Asian dietitians" and presented the Dr. Chwang Leh-Chii Asian Dietetics Award to Shigeru Yamamoto of the Japan Dietetic Association and Chanida Pachotikarn of the Thai Dietetic Association. The Young Dietitian Award went to Frankie Pui-Lam Siu of the Hong Kong Nutrition Society. All venues were packed, and as it had been a long time since we had seen each other, the lively discussions were festive and fun.

Asia is the hottest region on the planet today, so to speak, with the largest area in the world, the largest population, and the highest economic growth rate. The traditional eating habits have collapsed, and diets are becoming Westernized at a remarkable rate, making nutritional problems more complex and serious. It became clear at this conference that the key to eradicating malnutrition, where hunger and obesity coexist, lies not only in economic and food assistance, but also in the education, training, and placement of dietitians, as well as the improvement of their social status. In my keynote speech, I introduced "Japan Nutrition," a national policy initiative that has built a nation of longevity in the postwar starvation and the westernization of diets due to rapid economic growth. By placing dietitians not only in medical care, but also in schools, welfare facilities, corporations, self-defense forces, prisons, universities, and various other institutions, we created a society in which all citizens had access to healthy diets and nutrition.

The 3-day program consisted of 1 special lecture, 2 keynote lectures, 4 educational lectures, 9 symposia, and 7 workshops, with a wide variety of topics ranging from clinical and public nutrition such as diabetes, obesity, infectious diseases, frail and sarcopenia, to policies and systems such as disaster relief, food service systems, and nutritionist training. There was also a workshop where young dietitians from various countries discussed their vision for future dietitians.

For example, in Workshop 2, "Activities of Dietitians in Obesity Control," dietitians from Indonesia, Thailand, and Japan took the podium to explain the policies and current situation in their respective countries, followed by a discussion that included participants from the audience. Citing the Indonesian people's food habit of using a lot of salt, sugar, and coconut milk in cooking and preferring fried foods, and the environment in which there are few parks in the country and no outdoor places to exercise, he said, "There are about 50,000 professionals involved in nutrition, but only 10-15% of them are dietitians, and there is an absolute shortage of dietitians, and the government is trying to train more. If there were one dietitian per 10,000 people, the current

obesity rate of 21.8% would be much lower. He also mentioned that there is a custom that chubby infants are "well taken care of by their mothers," and that a cultural approach is needed to combat obesity. He also pointed out that sweet food is also favored in Thailand, and that the lack of physical exercise is a factor in the increase in overweight, especially among middle-aged women.

On the final day, 13 poster awards were presented, and on behalf of the winners, Ying Qian Ong of the Malaysian Dietetic Association expressed his gratitude, saying, "I would like to send this award to everyone who helped me. The smiling faces of the awardees as they were presented with their awards on stage seemed to symbolize the bright future of dietitians in Asia.



Poster award winners.

As a result of the congress, the "Yokohama Declaration (Yokohama Nutrition Declaration 2022)" was announced and signed on stage by the representatives of each country. The next congress will be held in Mumbai, India, in four years.

Teiji Nakamura
President, Japan Dietetic Association

News from Thai Dietetics Association (TDA)

Thai Dietetics Association (TDA) resumed its district meetings and seminars in the beginning of 2023 before our annual conference on July 17-19th, 2023 (with participants from all over the country). There are 13 Health Districts throughout the country from the geographical regions of Thailand comprising the North, Northeast, South, East, West and Central Regions. The

purpose of these meetings is to increase our dietitians' competency and also to address the needs and problems of the dietetic profession that may arise in each specific area and how we working as a team can help through our dietitians' network. Our members also elect their representatives at these meetings.

To celebrate World Kidney Day, TDA joined the nephrology society of Thailand and other allies in the health industry in staging a health promoting event at Central World, (a major shopping complex), Bangkok under the theme of "Kidney Health for All-preparing for the unexpected, supporting the vulnerable". Many activities were held to raise public awareness and to better understand the importance of a healthy kidney. There were accessible health check-up booths, talk-shows with social influencers such as social media personalities on kidney related themes. There was also a kidney-friendly cooking demonstration on stage by well-known chefs. The governor of Bangkok his excellency Dr. Chatchart Suthipan was the chairman of the event and graciously visited our booth,



where healthy and kidney friendly snacks made by our dietitians on site were given to visitors. We also had easy-to-understand games and quizzes regarding all aspects of the kidney with little prizes for the players.



On the international stage, Col. Dr. Korrakot Weratean, TDA Vice President, was a guest speaker at the Malaysian Dietitians’ Association National Conference 2023 on 12th-13th in Kuala Lumpur, Malaysia on the topic of “ Home Blenderized Diet - is there a purpose?” which was very well received.

News from the Spanish Academy for Nutrition and Dietetics



Diet-Etics – For Reliable Nutrition

The General Council of Dietitians-Nutritionists and the Spanish Academy for Nutrition and Dietetics launch a campaign called “Diet-Ethics. For Reliable Nutrition”, which aims to increase the awareness of dietitians-nutritionists in the use of social media for disseminating information based on scientific evidence, as well as providing the citizens reliable information, fighting against fake contents and avoiding professional intrusion on media. Spanish dietitians and nutritionists are welcome to join the campaign in:

<https://www.consejodietistasnutricionistas.com/campana-diet-etica-por-una-nutricion-fiable/>

News from Dietitians Association of Nigeria

Country – Nigeria: News from Dietitians Association of Nigeria (DAN)

The Dietitians Association of Nigeria (DAN) started 2023 with a lot of activities and events as usual. It conducted its National Workshop/Scientific Conference And Annual General Meeting from 19th -23rd June, 2023 at the Old Great Hall, College of Medicine, University of Lagos Teaching Hospital (LUTH), Lagos State, and was well attended by practicing dietitians-nutritionists, academia and the likes in the noble profession to assess the performance, provide new information and chart the way forward for the professional body.

The conference theme tagged “Bridging the Professional Gaps in Dietetics Practice Towards Achieving Sustainable Development Goals (SDGs) in Nigeria” a five-day event was chaired by Prof David Adewale Oke, the Provost College of Medicine, University of Lagos, who was ably represented by Mr Kayode Owotutu while the opening address was presented by the National President, DAN; Prof O. C. Afam- Anene.



The workshop theme was “Entrepreneurship & Feasibility Study by Mrs. Nonyelum Umahi and Sustainable Food System in Nutrition and Dietetics Education by the Association President Prof O.C Afam Anene.

Topics focussed on an in-depth analysis on the characteristics of an entrepreneur which are dynamism, leadership, prudence, creativity, taking responsibility, risks, confidence, knowledge (superior knowledge) among others. According to the presenter, the reasons some businesses fail are insufficient capital, lack of experience, intensity of competition, poor location, unexpected growth among others were intensively discussed.

The National President DAN, Prof. O. C. Afam Anene, delivered a presentation on the theme of the second workshop, which was ‘Sustainable Food System’. She emphasized on the roles of registered dietitians-nutritionists on sustainable food system, which includes dietitians- nutritionists ensuring that food recommended for patients/clients are eco-friendly.

The workshop was well attended with over 200 attendees. The national professional qualifying test (TOPC) for registration as a dietitian-nutritionist was also conducted.



A Cross Section of Newly Inducted Registered Dietitian-Nutritionists



A Cross Section of Dietetic Interns Sitting for the National Test of Professional Competence (TOPC)

World Registered Dietitian-Nutritionist (RDN) Day/Month 2023

The event with the Theme: "Fuel for the Future" was celebrated by different chapters of Dietitians Association of Nigeria (DAN). Different state chapters and centres celebrated the day across Nigeria but not limited to;

Alex Ekwueme Federal University Teaching Hospital (AEFUTHA), in collaboration with DAN, Ebonyi State chapter.

Dietitians Association of Nigeria (DAN), Akwa Ibom State chapter.

The theme "Fuel for the Future" highlights the crucial role that registered dietitian-nutritionists play in setting the foundation for a healthy future. It emphasizes the importance of nourishing our bodies with the right foods to optimize our health, prevent chronic diseases, and promote sustainable food practices. On the month, various activities and initiatives were organized to promote the theme and raise awareness about the significance of registered dietitian-nutritionists. The World RDN Day/Month celebration began with awareness creation within the hospital clinics and hospital environment with Dietitian-Nutritionists wearing crested T-shirts with cardboards showing varied information on the role of RDNs in health care facilities and the society. Some centres embarked on radio phone-in and television programme on the theme.

Educational workshops on the importance of proper nutrition and its impact on long-term health were conducted. The focus was on healthy eating habits, adequate diets, and sustainable food choices. Community outreaches were carried out in collaboration with local schools, community centres/ healthcare facilities to provide nutrition education sessions. Registered dietitian-nutritionists visited these places and delivered interactive presentations to children, teenagers, adults, mothers and senior citizens, emphasizing

the importance of healthy eating habits at different life stages. Social Media Campaign was used to spread awareness about registered dietitian-nutritionists, the "Fuel for the Future" theme and as well lay emphasis on volunteerism by upcoming registered dietitian-nutritionists.

Courtesy/advocacy visits, radio and tv shows and nutrition education in clinics and churches were also carried out to inspire individuals to make informed dietary choices and create a healthier future for themselves and their communities.



Members of DAN, AEFUTHA -Ebonyi State Chapter, Nigeria



Members of DAN, Akwa Ibom State Chapter with some University of Uyo, Nigeria's staff & students

Prof. Olivia Afam Anene RDN

National President,

Dietitians Association of Nigeria

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Awards/Grants

Academy of Nutrition and Dietetics Foundation News

The Wimpfheimer-Guggenheim ICDA Welcome Fund provides financial support to new ICDA members. Contact nbrown@eatright.org for information.

The Wimpfheimer-Guggenheim Resource Grant for International Dietitians provides funding for resources from the Academy to support dietetics practice. Eligibility requirements include having the Registered Dietitian credential or equivalent in the applicant's home country. The application is open year-round and is awarded on a quarterly basis. To apply and learn more, please visit the [application](#).

Announcements & Calendar of Events

Visionary Leader for Organizational and Cultural Change: Academy Names New Chief Executive Officer Wylecia Wiggs Harris, PhD, CAE, has been named the Chief Executive Officer of the Academy of Nutrition and Dietetics, starting July 1. She will have oversight of all entities under the Academy's umbrella, including management of approximately 170 employees. Since 2018, Harris has been the CEO of the American Health Information Management Association. [Learn More](#)



Gain access to career enhancing benefits, such as member discounts on products and subscriptions and networking opportunities like membership in the International Affiliate of the Academy of Nutrition and Dietetics, as an Academy member. Apply by completing an International Membership Application and International Verification Form. Materials and additional information can be found [online](#).

Academy of Nutrition and Dietetics Foundation

Wimpfheimer-Guggenheim Resource Grant for International Dietitians

The Academy of Nutrition and Dietetics Foundation (Foundation) is offering funding to international dietitians for resources from the Academy to support their dietetics practice. Eligibility requirements include having the registered dietitian nutritionist credential or equivalent in the applicant's home country. The application is open year-round and will be awarded on a quarterly basis. To apply and learn more, visit the [application](#).

Wimpfheimer-Guggenheim Global Information Sharing Experience in Nutrition and Dietetics at U.S. Universities

The Foundation is pleased to announce that it is again offering the Wimpfheimer-Guggenheim Global Information Sharing Experience in Nutrition and Dietetics at U.S. Universities. This opportunity engages and promotes collaboration with members of the nutrition and dietetics international community. International dietetics professionals and students are encouraged to [visit the Foundation's website](#) to apply to be selected for this opportunity. The Foundation is currently [accepting applications](#) for university hosts through July 31.

Academy of Nutrition and Dietetics Foundation Wimpfheimer-Guggenheim ICDA Welcome Fund

This welcome fund provides financial support to new ICDA members. Contact Nicci Brown at nbrown@eatright.org for information.

ICDA LinkedIn page

NDA's are requested to encourage its members to follow and promote the ICDA LinkedIn page: ICDA – International Confederation of Dietetic Associations, at <https://www.linkedin.com/company/internationaldietetics/>

If you have not already done so, please send a short description of your NDA (about 150-200 words in your language but also in English) that includes your organization's name, mission, and contact information, your logo (with your approval to post that the logo). You can also include a written quote from your organization's President or a designated leader. We will be featuring NDAs on the LinkedIn page. Please send the information to ICDAsocialmedia@gmail.com

Share your news on social media. Send the information to ICDAsocialmedia@gmail.com Please allow approximately one week for posting.



Federation of African Nutrition Societies (FANUS)



CALL FOR ABSTRACTS

THE 5TH FANUS CONFERENCE

Multisectoral approach to strengthening food systems and achieving sustainable nutrition targets in Africa

19-24 November 2023, Dakar - Senegal

✓ CONGRESS THEME AND SYMPOSIA :

The conference will be delivered through plenary sessions and parallel symposia focused on 14 sub-themes (ST).

● Abstract topic

- ST01: Adolescent and child nutrition
- ST02: Nutrition before and during the first 1000 days
- ST03: Micronutrient deficiencies
- ST04: Double-burden of malnutrition
- ST05: System approach to nutrition
- ST06: Nutrition education and behavior change
- ST07: Nutrient and bioactive components of food

- ST08: Food biotechnology, processing and safety
- ST09: Innovative approaches in nutrition assessment
- ST10: Geriatric and clinical nutrition
- ST11: Nutrition policy and program
- ST12: Food and nutrition governance
- ST13: Food system and climate change
- ST14: Nutrition budget and finance

● Abstract submission

Abstracts will be submitted in english according to the guidelines available on the event's website (<https://conf5.fanus.org>).

The submission will take exclusively online via the event portal (<https://conf5.fanus.org>) on the FANUS website (<https://www.fanus.org>) from **December 15, 2022 to April 30, 2023**

✓ REGISTRATION

Early Bird Registration. - Ends May 31, 2023

	Fees	
• Developed countries	400	\$
• Low-and middle-income countries	250	\$
• Student from Africa Region	100	\$
• National	100	\$

Later and onsite registration - June, 1st – November 24th

• Developed countries	500	\$
• Low- and middle-income countries	300	\$
• Students from African Region	150	\$
• National	200	\$

* Registration is individual and covers only the participation package (conference proceedings, coffee and lunch breaks)

Conférence
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